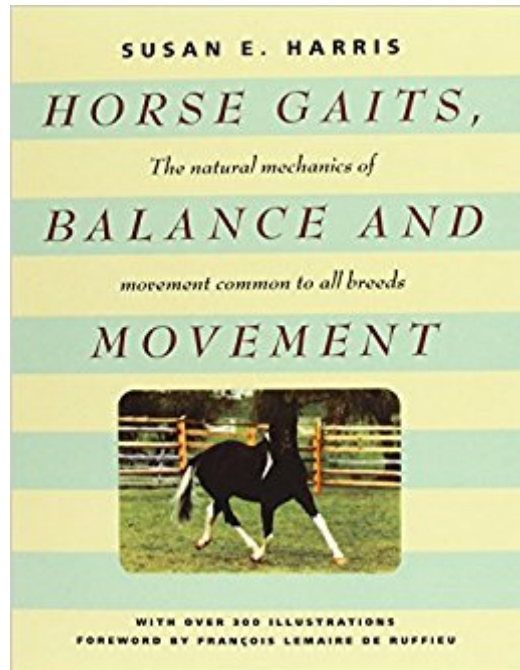




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# Horse Gaits, Balance And Movement



## Synopsis

See how your horse moves and become a better rider!Horses are born to move--a foal can walk, trot and gallop within hours of birth. But not all horses move equally well, and the way a horse moves can have a real impact on how you ride. In this unique book, Susan Harris presents more than 300 eye-opening drawings that show you exactly how horses move. She illustrates movements common to all horses, pinpoints movement problems, reveals how a human in the saddle affects a horse's movement and helps you become a better, more accomplished rider.\* Get a close-up look at horse gaits and transitions\* Observe the differences between good and poor movement\* Find out how balance and conformation affect movement\* View flexion, bending and lateral movements\* See the impact of shoeing and riding on movement\* Discover practical tips to improve your horse's movement

## Book Information

Paperback: 178 pages

Publisher: Howell Book House; 1 edition (March 18, 2005)

Language: English

ISBN-10: 0764587889

ISBN-13: 978-0764587887

Product Dimensions: 7.4 x 0.6 x 9.2 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 5.0 out of 5 stars 19 customer reviews

Best Sellers Rank: #600,081 in Books (See Top 100 in Books) #78 inÂ Books > Medical Books > Veterinary Medicine > Equine Medicine #486 inÂ Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding #501 inÂ Books > Sports & Outdoors > Individual Sports > Horses > Equestrian

## Customer Reviews

Horses move! It is what makes them useful, able and beautiful. A foal can walk, trot and gallop within hours of its birth. The horse knows how to be a horse without human help. But when we ride, drive, train and judge horses, we soon discover that not all horses move equally well. Even though there are over two hundred breeds and types of horses and many different disciplines and styles of riding, the horse's basic mechanism and nature are the same. At the heart of Horse Gaits, Balance and Movement is what is natural and common to all breeds, and herein lies the broadness of this book's appeal to riders, instructors, trainers and judges?anyone concerned with equine movement.

Lifelong horsewoman Susan E. Harris addresses in her writing and in her more than 300 superb drawings?which demonstrate the kind of nuance and detail photographs do not permit?the following topics:basic structure and anatomythe cycle of movementgaits and transitionsbalance and movementpoor movementflexion, bending and lateral movementconformation and movementshoeing and movementhow a rider affects movement.Her chapter on practical tips for improving the horse's movement will be especially valuable to the rider, whether he or she is in reining, show jumping or dressage. Indeed, the information given in this book will go a long way toward enabling horsemen to interfere less and thus permit the horse to achieve the best movement it is capable of achieving. --This text refers to an out of print or unavailable edition of this title.

See how your horse moves and become a better rider!Horses are born to move--a foal can walk, trot and gallop within hours of birth. But not all horses move equally well, and the way a horse moves can have a real impact on how you ride. In this unique book, Susan Harris presents more than 300 eye-opening drawings that show you exactly how horses move. She illustrates movements common to all horses, pinpoints movement problems, reveals how a human in the saddle affects a horse's movement and helps you become a better, more accomplished rider. Get a close-up look at horse gaits and transitionsObserve the differences between good and poor movementFind out how balance and conformation affect movementView flexion, bending and lateral movementsSee the impact of shoeing and riding on movementDiscover practical tips to improve your horse's movement

I just finished this book, it was a great book for even an advanced rider who has been a little lack on remembering your horse movement and cues to get the best performance from your horse and problem solve techniques where you or your horse have gotten lazy.I love the drawings, the descriptions of muscles and bones and how everything works together to get the best from your horse.

If you are a true horseperson - you must have this book. I've personally met the author many times and I cannot explain how much knowledge she has and SHARES with others. This is one small and might book. GET IT - READ IT, CONTINUOUSLY. You cannot learn everything with just 1 read. Not only is Susan Harris an amazing author she is one of the most generous, caring horsewomen I know. I wish I knew 1/2 of what she knows/teaches/shares!

I would recommend this book to anyone looking to fully understand the basic gaits, movement and

conformation of the horse. There is information on the natural gaits of the horse and how a rider can enhance or hinder the horse's movement and balance. The format will assist both novices and advanced equestrians. It is written in easy-to-understand language. The information is also very accessible simply by browsing through the illustrations. This book would be a great addition to any horse enthusiast's library.

I absolutely hate to use the cliché statement "This is THE book you should read"... but this book IS that book. If you want to advance your knowledge and UNDERSTANDING of movement of, and with, horses... I mean to a clearly superior level - "Horse Gaits, Balance and Movement" by Susan Harris is the book you want. You cannot just read this book. You will find yourself studying it, poring over it, saying "Aha, so that's why....", and "OMG, why didn't I realize that when I was riding yesterday". Whether you are an ultra-serious and scholarly student of things Equine or a more casual reader looking just for a better sense of how to enhance your riding performance (and make it easier for both you and your horse), and improve your care of your horse, you will find Harris' book a clear, tremendously informative, enjoyable read. But be prepared - you will be going back to it so often you'll wish she had made the book so it would fit in your pocket. And DON'T lend it to another rider without taking their saddle as collateral!

Excellent book for anyone working with horses. I work with disabled kids on horseback, hippotherapy. I am loving it and learning so much in a clear, concise manner. The illustrations are superb.

Excellent quality of book

If you fancy yourself a horse trainer or even an adequate rider than this is knowledge you should have. I work in the world of horses and I am constantly surprised at what people don't know. This book has great usable information in it that we can all use.

This is a book that every beginner rider should own but will only truly understand what is written once they gain experience. Every rider should own this book. It will really improve your understanding of the way horses move with or without you on their back. In turn, the way that you ride will be fluid and in motion with your horse.

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